# G'Day & Welcome



### Your Privacy - Summary

As a client at Bloke Therapy, you have certain rights that are important for you to understand because this program is about you and *living the life you want.* 

So in this video, I want to tell you about how I manage the information that you share with me.



### Your Privacy - Summary

Typically we'll talk about some stuff that you wouldn't want anyone else to know, and it's important that you know that I'm going to do right by you and manage that stuff responsibly.



### Your Privacy - Summary

I've also want to touch on the Bloke Therapy Treatment Program fees which I sent to you.

And I'm also going to cover what happens if you have to pull the pin on our appointment at the last minute - also know as the Cancellation Policy.



### Why I Collect Your Info

As part of the Bloke Therapy Treatment Programs, I'm going to need to collect and record some personal information about what's going on in your life - relevant to why you're at Bloke Therapy in the first place.

I need to do that as part of the assessment, diagnosis and tailoring of the Treatment Program for you and your situation.



#### Why I Collect Your Info

I also document what happens during our sessions, to ensure that I keep everything pointed in the right direction to get you back on track and firing on all cylinders.



#### Why I Collect Your Info

I'll keep your personal information safe, and in the interests of your privacy, it will only be used by myself and, as necessary, by my staff.

Your personal information will not be used, sold, rented or disclosed for any other purpose.



#### What's Confidential

With a few certain legal exceptions, which I'll get to in a minute, you have the right to complete confidentiality of your information.

Anything I collect from you or anything that is written down while we are doing business will remain confidential and secure.



#### What's Confidential

However, it is important to know there are a few exceptions in which all psychologists are legally mandated to break confidentiality. This is when:

- 1. The information you have given me is subpoenaed (officially requested) by a court of law;
- 2. Failure to disclose the information you have given me would place you or another person at serious risk of harm; or

#### What's Confidential

- 3. Your approval has been given to
- a) provide a written report to another professional or agency, eg. a GP or a lawyer; or
- b) discuss the material with another person, eg. a partner or employer



### Client Info Exchange

There may be times, where, as part of your assessment and treatment process, it may be helpful for me to speak to other people or agencies that are relevant to getting you back on track (eg., your GP, specialist, partner, WorkCover, etc.).

So if that needs to happen, I'll discuss it with you



### Client Info Exchange

Health Treatment Plan from your GP or psychiatrist, so you can claim rebates from Medicare or another organisation (such as WorkCover or Veterans Affairs) then your I'm legally obligated to provide summary reports to these other people and organisations about your treatment progress.

Under the Medicare scheme these reports will normally be sent to your GP or psychiatrist

## Accessing Your Info

Bloke Therapy is bound by the legal requirements of the National Privacy Principles from the Privacy Amendment (Private Sector) Act 2000.

So that means all the relevant communications between you and me become part of your clinical record, which is stored in your client file. Client files are held in secure filing cabinets that are accessible only by me and my team.

### Accessing Your Info

You have a general right of access to all information in your file, unless one of these National Privacy Principle exceptions applies.

These exceptions restrict your access, in the case that giving you access would;

- 1. pose a serious threat to your physical or mental health
- 2. jeopardise the privacy of others; or
- 3. hinder any law enforcement activities

## Accessing Your Info

If you wish to view and/or have a copy of the material in your file then, by law, it is necessary for you to make the request in writing and send it to:

Attention: Dr Mike Martin c/-reception@bloketherapy.com.au

When I get your request we will discuss what's the best way to get what you want. Please allow 14 days for these arrangements to be made, but I'll try to make your file available as soon as possible.

TAKE ACTION, TAKE CONTROL

### Program Fees

You already have a copy of the Treatment Program Fees.

I run six-session treatment programs.

When you do the six-session block you get to learn worthwhile skills and put them into action.

You also get to talk about what worked and what didn't work, and you can find out what to do to improve.

#### Cancellation Fees

I get that life can get crazy sometimes and if, for some reason you need to cancel or postpone your appointment, please give me at least 24 hours notice, otherwise you will be charged a cancellation fee of \$15.00. That will be added to the fee at the next appointment.

Medicare or health insurance rebates are not applicable to cancellation fees.



### Professional Psychologist

I am a member of the Australian Psychological Society, which is Australia's peak industry body for professional psychologists.

They publish a Charter for Clients of Psychologists, which explains your rights as a client of a psychologist. I am proudly emailing a copy to you at the end of this Confidential Application process.



#### Consent

If, after this video you are unsure of anything, please discuss it with me.

If you want to download a copy of the slides from this presentation you can go to...

www.bloketherapy.com.au/privacy



#### Consent

When you click the Next button, after watching this video, you are consenting that you understand the conditions for being accepted as a client at Bloke Therapy.



#### Consent

Also if you want a more detailed description of the Bloke Therapy "Privacy Policy For Management Of Personal Information", you can get it at...

#### www.bloketherapy.com.au/privacypolicy

This Privacy Policy contains information about how to access and seek correction of your personal information, and, if you need, how to lodge a complaint about our management of your personal information.

#### Done!

Thanks for watching and look forward to working with you shortly to help you live the life you want.

#### Cheers



Doctor of Philosophy
Master Of Arts
Bachelor Of Applied Science (Human Movement)
Bachelor Of Arts
Diploma Of Education

Registered Psychologist Psychology Board Of Australia Registration Number PSY0001140063 Registered Medicare Provider Member Of Australia Psychological Society

